

# SOUTH END UNITED METHODIST CHURCH January 29, 2016

SUNDAY SCHOOL  
9:15 A.M.  
SUNDAY MORNING WORSHIP  
10:30

PASTOR ~ ANN COVER  
acover@seumc.org

### Office Hours

Monday-Thursday ~ 9am-2pm

### Church Contact

Phone: 615 833-2077

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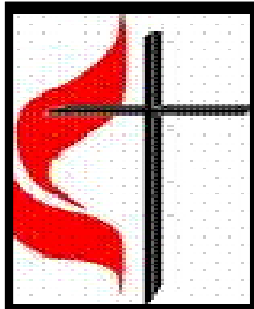
Website: www.seumc.org

Music Leader ~ Rick Rains

Pianist ~ Jim Kirby

Administrative Assistant ~

Gerrie Grimsley



## THE SOUTH END SOURCE

### From The Pastor's Study

#### Cup of Life

**A cup is a marvelously simple thing** - a bit clay or glass (or other) fashioned so that it is empty. It holds life-giving fluids or food, only to be emptied and filled again. The cup is often used as a metaphor of our spiritual lives.

**Anyone who knows me pretty well, also knows what my dining room table and the pastor's study looks like most of the time – cluttered!** I have the habit of not putting things away that I just finished working on, or may work on in the near future, or think I should be working on, etc. I am forced to sort through the contents on the table or left out in the office for good things to take place in those spaces: a holiday meal or Room in the Inn volunteers using the pastor's study to stay overnight.

We can also fill our lives, our spiritual cups, with all sorts of stuff. Often we don't realize how cluttered our lives have become until we want to fill them with God's goodness and there doesn't seem to be any room.

God's good grace, God's powerful love is always being offered to us. **The paradox of spiritual life is that we often need to go through the process of emptying before we are filled with God's grace. And we need to be filled with God's grace to be giving to others.** An empty cup/ life or a cluttered cup/life is not much good to another person in real need of God's grace.

As the church, the body of Christ, we are called to be Christ's hands and feet and voice in this world. **That DOING requires us to BE the body of Christ.** The mission of the church is both inward (spiritual formation) and outward (witness and service).

In the same way, **our cups/spiritual loves should continually be in a process of emptying and being filled with God's grace and giving away those gifts of grace – only to be filled again.**

In the coming weeks, we will hear the testimonies to their experience of giving. Our observance of Lent this year will also be the time of our Stewardship campaign.

Our time in study and worship will also be focused on the scripture passages that challenge us to empty our lives of some serious clutter – resentment, judgmental attitudes, apathy, resignation, or captivity to unnecessary fear or guilt.

Jesus stands ready to fill our cups, our lives, with the gifts of grace: redemption/ freedom, mercy, responsibility, wisdom, forgiveness, strength, self-awareness and humility, compassion, gratitude.

**Indeed our salvation in Jesus Christ is possible only by grace through faith, and it can only be truly experienced by acts giving – in Jesus' name.**

Yours in Christ,  
Ann Cover



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*South End Preschool Director  
& Sunday School Nursery Coord.*

*Robert Dodd*

*Assistant Director*

*Sobiya Uddin*

## MONIES USED IN SPECIFIC MINISTRIES ~ 2015

Habitat for Humanity Unity Build	\$2,100
Room In The Inn Christmas Backpacks	\$768
Given by United Methodist Women	
Sixty First Avenue Toy Store	\$1,625
Gift Cards (\$295); Check (\$50)	
128 Gifts (estimated \$10/gift= \$1,280)	
Good Neighbor Fund	\$15,142
Two donors contributed 58%	
Summer Food Program	\$5,895
Total donations include 2015	
Lenten offering, matching endowment monies	
and donations from three local UMC congregations	
VBS at Haywood Lane	\$299
Church Garden	\$335
Room In The Inn & Food Pantry (\$179) and significant "in-kind" donations	

## JOYS

*Four years ago my daughter-in-law, Mary Sanders, was diagnosed with three brain tumors, which the Vanderbilt doctors discovered were metastasized from her lungs.*

*Two of the tumors in her head were removed, but the third one was too close to her brain to be removed. Radiation and chemotherapy was then given.*

*Recently, her oncologist advised that they could no longer find any more cancer cells in her body.*

*We all would like to say THANKS BE TO GOD and to everyone who continually prayed for Mary's healing.*

*Liz Sanders*

## SEUMC FINANCES ~ 2015 OVERVIEW

INCOME/DONATIONS	GIVING/EXPENSES
From our congregation <span style="float: right;">\$192,482</span>	Ministry/Mission Giving <span style="float: right;">\$27,025</span>
[Includes End of Year Giving toward deficit = \$8,375]	[Includes all of the above Specific ministries plus others]
Habitat BBQ Fundraiser <span style="float: right;">3,076</span>	Staff (Pastor) <span style="float: right;">43,473</span>
[Given mostly by SEUMC]	(Five part-time staff) <span style="float: right;">40,319</span>
Rental Fees <span style="float: right;">585</span>	Program/Educ/Worship <span style="float: right;">11,609</span>
Outside Sources <span style="float: right;">8,005</span>	[Includes Youth, Curriculum, Cleaning and kitchen supplies, Wednesday night meals, candles, flowers, Upper Room Magazines, web site, etc]
[Includes donations from prior members, from other churches and from SEUMC Preschool]	Operating Expenses <span style="float: right;">39,788</span>
Endowment Fund Monies <span style="float: right;">17,960</span>	[Includes office/copier/phone internet/utilities/maintenance and church insurance (\$12,319)]
[Monies taken from SEUMC Endowment Funds toward Apportionments (\$1,105), Summer Food Program (\$2,814) and driveway (\$14,041)]	Apportionments <span style="float: right;">19,000</span>
Total = \$222,188	[68% of \$27,821]
	Capital Improvements <span style="float: right;">38,060</span>
	[Includes driveway reconstruction and necessary replacement of HVAC unit, fire alarm box, screen door, worship projector, leaf blower, etc.]
	Total = \$219,274

## LENT & UPCOMING CHURCH CALENDAR

Sunday, February 7 ~ Scout Sunday  
John Walker preaching (no Holy Communion)

Wednesday, February 10 ~ Ash Wednesday Service  
(6:30 p.m.)

Sunday, February 14 ~ First Sunday of Lent  
(with Holy Communion)

Sunday, February 21 ~ The sermon will include the stories of former SEUMC members who established our endowment funds with the goal of planning for future ministries.

Sunday March 13 ~ Stewardship Commitment Sunday

Sunday, March 20 ~ Palm/Passion Sunday

Maundy Thursday, March 24 ~ Maundy Thursday.  
A joint service with SEUMC, Crieewood UMC, Mt. Pisgah UMC and Trinity UMC at Crieewood UMC. (6:30 p.m.)

Good Friday, March 25 ~ Good Friday/Tenebrae Service at SEUMC (6:30 p.m.)

### Special Sunday School offerings:

February 7 ~ Discussion of Public Discourse  
February 14-March 20 ~ Discussion based on the book, *Working Families* by Joy Jordan- Lake

### Room In The Inn:

Feb 5, 19  
March 4, 18  
We still need volunteers for these dates.

### Meetings:

Sunday, January 31 ~ Staff Parish Meeting (1:30 p.m.)  
with District Superintendent  
Monday, Feb 1 ~ Stewardship Committee (7:00 p.m.)  
Sunday, Feb 7 ~ Administrative Council (11:45 a.m.)  
Tuesday, Feb 9 ~ United Methodist Women (6:00 p.m.)

## WEDNESDAY NIGHTS

February 3 ~ Discussion on Public Discourse Part 3  
February 10 ~ Ash Wednesday Service (6:30 p.m.)

February 17, 24, March 9, 16, 23  
*Forgiveness: A Lenten Study* by Marjorie Thompson  
(This study is based on scripture reading from Luke as well as Psalm 51 and 139. It challenges us to examine the inward steps leading to forgiveness: self examination, honesty, Repentance. Only then can we move toward reconciliation and restoration.)

March 2 ~ Non-traditional Worship (6:30)

Children  
4:30-5:30 p.m.  
Homework Assistance  
Supervised Play  
  
6:00-7:00 p.m.  
Music and Bible Story Activities  
  
The children will participate in our non-traditional worship

*"When we pray, how often do we say: "Speak, Lord, for your servant is listening"? More often, I think, we say: "Listen, Lord for your servant is speaking!"*

Robert Wicks  
From  
*Seeds of Sensitivity*  
(1994)

## DISTRICT TRAINING SESSIONS SAT. FEBRUARY 13, 2016 ~ 9:30AM- 12:30PM

Calvary United Methodist Church, 3701 Hillsboro Pike, Nashville, TN ~ (Registration forms available at SEUMC)

Choose Two Workshop sessions:

**Evangelism** – What evangelism in the Wesleyan tradition looks like in the 21st century

**Creating a Climate for Innovation**

**Financial Reporting and Trustees and Staff Parish Committee Training** –

each covers the basic responsibilities of these important local church committees/boards

**Increasing Energy Efficiency of Our Church Facilities**

**Church Safety** – discussing issues of congregational safety in regard to disruptive or unstable people, etc.

**Stephen Ministry  
Introductory Workshop**

**Donelson Heights UMC  
Saturday, March 5  
9 a.m.–1p.m.**

Stephen Ministers are well-trained lay caregivers who provide high-quality, one-to-one Christian care to people experiencing various difficulties in life.

They are the “After People” who are there:

...after the phone call you hope you never get.

...after the funeral, when everyone has left and the emotions you’ve held at bay come crashing in.

...after the doctor says, “I’m sorry, but there’s nothing more we can do.”

...after the last child honks the horn, waves and drives away—and now the house suddenly seems empty.

...after the gavel goes down, the handcuffs go on, and your loved one is led away.

...after the baby arrives, demanding more of you than you ever dreamed possible.

...after you find the pink slip with your final paycheck.

...after your family and friends have heard your story one too many times, but you still need to talk it out.

To register, visit  
[Stephenministry.org/workshop](http://Stephenministry.org/workshop)

Donelson Heights UMC  
(314) 428-2600

**THREE STARS FOR OUR PRESCHOOL!!**



Three stars are the best any pre-school can hope to get, and ours has once again achieved this mark of perfection from the Tennessee Department of Human Services’ *Star Quality Child Program*.

Congratulations to Preschool Director Rob Dodd, Assistant Director Sobiya Uddin and 11 teachers who care for the children entrusted into the care of the South End Preschool.

**UMW FUNDRAISER  
STREAKFREE  
MICROFIBER CLOTHS**

THEY’RE BACK!

The South End United Methodist Women have those wonderful microfiber cloths that you love to use for streak-free cleaning, and they are available for purchase once again.

\$6.00 each or 2 for \$10.00

If you would like to place an order, you may either:

- 1) Contact any UMW member
- 2) Or contact the church office at  
(615) 833-2077  
or [office@seumc.org](mailto:office@seumc.org)

**TREE PLANTING  
FEBRUARY 27**

Nashville District Care invites you to join in on helping plant 50,000 trees across Tennessee on Saturday, February 27.

You can join in as an individual, a family or a larger group. This is a great opportunity for a service project for a group of your congregation.

For more information contact Ann Cover.

50K Tree Day is hosted by  
The Tennessee Environmental Council.

**Help With Missing Birthday Dates**

If your birthday is not on the list below, or if you think the church office may not have the date of your birthday at all, please call or email the email and let us know. We do not want to miss out on sharing your special date in our newsletter!

**HAPPY BIRTHDAY!**

**January**

**February**

- Elizabeth Sanders 1/11
- Jimmy Dunbar 1/12
- Nicolae Donaldson 1/16
- Nick Green 1/19
- Gail Sanders 1/23
- Bill Burnett 1/25
- Kay Bixler 1/27
- Riley Marshall 1/30



- Jonathan Ferris 2/2
- Jeffrey Lassiter 2/6
- Linda Carter 2/8
- Betty Southall 2/10
- Lee Tomlin 2/13
- Spencer Dodd 2/21
- Sara Miller 2/24
- Polly Maxfield 2/27
- Mack Lassiter 2/29