



**Sunday School**  
**9:15 a.m.**  
**Sunday Morning**

## THE SOUTH END SOURCE

### From The Pastor's Study

**PASTOR**  
**ANN COVER**  
 acover@seumc.org

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 Monday-Thursday  
 9am-2pm

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 615 833-2077

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Ministry Intern  
 Erica Allen

Music Leader ~  
 Rick Rains

Pianist ~ Jim Kirby  
Administrative Asst.  
 Gerrie Grimsley

## Selah! ..... What's that mean?

This word appears in the Hebrew scriptures about 74 times – mostly in the Psalms – and I have never been able to remember what it meant. That is not until the word SELAH was used as the theme for the conference youth retreat, Warmth in Winter 2014 (Jan 31- Feb 2 ).

So what does SELAH mean?  
 Stop (talking, singing, doing)!  
 Listen to what God is saying to you!  
 Stop! Take it in!

Rev. Vance Ross of Nashville, one of the speakers at the conference, kindly reminded us that young people seldom have trouble hearing. But like young people of ALL GENERATIONS – we often have problems listening -- to God and to the people who love us and want to guide us.

Rev. Ross told the story of an event in his life as a teen in Bluefield, WV. Defying advice from his mother to not “keep the company of fools and crazy-acting people”, he talked about how one day he “found himself “on the back of a small mini-bike that his buddy had just bought, against everything that he knew to be good judgment.



On this mini-bike, the teens ride up to the top of the large hill on their street, but then to his surprise and horror -- his friend decides to turn around and drive the bike down the huge hill -- at an alarming speed.

You had to be there to appreciate the way he described this ride, especially as they approach the bottom of the hill and an oncoming concrete wall. Rev. Ross builds the suspense and describes how he screams at his friend to slow down and stop. In desperation he finally throws himself off the back of the mini-bike, and he pantomimes finding himself lying on the road – scraped up, bruised and sore ---- but SMILING!!!

To everyone's surprise Rev. Ross said, “It was the first time I decided what to do with my life!” He continued, “My buddy came over and told me he had the whole thing under control – why did I jump off?” That's when he turned to the young people and said – that was just the point. “In that moment, I had decided not to trust anybody to have control of my life – not anybody but God! And that if I didn't stop and listen to God – stop and turn away from all the noise around me – that somebody else would always be there to try to control my life or make my decisions for me!! And they may not be the people who love me and want what God wants for me.”

**SELAH! -- Stop and Listen – to what God is saying to you! Stop and Take it in -- and let it guide you – or else someone else will try to make decisions for you!!**

**It was a good youth retreat --- for people of all ages!**

Yours in Christ, Ann Cover

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### SOUTH END PRESCHOOL

**DIRECTOR**  
**KAMELA BATTLE**

**ASST. DIRECTOR &  
 NURSERY COORD.**  
**ROBERT DODD**

## In Sympathy

Our prayers and sympathy to Jerry Duke and family in the loss of his father, Frank Edward Duke. Mr. Duke died at home in Murfreesboro, TN on Tuesday, February 11.

Pastor Ann Cover presided over his funeral at Woodfin Funeral Chapel in Smyrna, TN, Thursday, February 13, followed by interment at Mapleview Cemetery in Smyrna.



### ~ Welcome Baby Nicolae ~

Congratulations to Nicolae and Brittany Donaldson in the birth of their son, Nicolae Jace Donaldson. Nicolae was born Monday, February 10th. Congratulations to the proud grandparents, Allen and Cathy Donaldson.



### ~ Welcome Baby Georgia Jane ~

Congratulations to parents Dan and Colleen Melchiorre, and big brother Paul, in the birth of Georgia Jane Melchiorre. Georgia Jane was born on Valentine's Day, February 14, 2014.



## UPCOMING WEDNESDAY NIGHT CHURCH CALENDAR

### February 26 ~ Mike DuBose

Mike is a photographer for United Methodist Communications. He will be sharing about his work and the ministries he has covered around the world.

### MARCH 5 ~ ASH WEDNESDAY

Our Ash Wednesday Service will be held on March 5th @ 6:30 p.m.

Lenten Plans and more about our summer ministries to come in a future newsletter.

### TWO IMPORTANT SEMINARS

@ McKendree Village—4347 Lebanon Rd.

### MINISTRY WITH OLDER ADULTS

Tuesday, April 29, 2014 ~ 9 am—2:30 pm

\$10 (Breakfast pastries & Lunch provided)

&

### CARING FOR THE CAREGIVER

Saturday, May 3, 2014 ~ 8:30 am—11:30 a.m.

Free (Breakfast pastries provided)

Copies of the Brochure available on bulletin board in By Fellowship Hall and in Wesley Classroom.



Spirituality ~ Love ~ Hospitality  
Respect ~ Hope  
Community ~ Non-violence

If you have not had a chance to volunteer this year, we still have two Friday nights left, March 7 and 21. If interested, please contact Ann Cover. Also, the following items are needed:

~Toothbrushes ~Toothpaste ~ New Socks ~Underwear

### SENIOR MEDICAL UNIVERSITY 101

#### Advance Directives & Living Wills

March 3rd ~ 11:30 a.m.—1:00 p.m.

At the Edmondson Pike Library

RSVP by calling: 615 880-3957 ext. 227

This is a great opportunity to attend Senior Medical University 101, with guest speaker Carrie Plummer.

Carrie is a nurse practitioner and instructor at Vanderbilt University School of Nursing.

She will speak on "advance directives and living wills."

Lunch will be provided.

(There is no charge)

### "RAISE THE ROOF" 5K RACE ~ April 5

Hosted by Blakemore UMC

("Raise the Roof" is a non-profit organization in Uganda)

Amy Charlton invites you take part in the 5K fundraising event, which also includes a 2.9 mile course in which participants can run, walk stroll or hike at their own pace. Prizes will be awarded.

Kids go for free, then can enjoy family activities such as an egg hunt. Leashed pets are welcome too!

Pre-register by March 24 & [www.mpgoeventbee.com](http://www.mpgoeventbee.com) for \$25 (t-shirt included) All proceeds go to permanent medical clinic needs in Uganda ! Raise the Roof school.

# Words of Witness

As some of you know, the American Red Cross has become my pet project since I started giving blood regularly several years ago. The last two times I have given, I have been asked by Red Cross Volunteers if I have any friends, family or church members who would be willing to donate also. I am hereby asking any of you who have the time and inclination to please make a difference in someone's life by donating blood to the Red Cross.

I feel strongly about this because I have been personally contacted by the Red Cross, thanking me by giving the first names of five people who have been helped by my donation.

If you would like to donate, you can contact the Red Cross at [www.redcross.org/tn/nashville](http://www.redcross.org/tn/nashville) or phone (615) 250-4300.

God bless,  
Bill Burnett

## FRESH ORGANIC EGGS!

Kay Stone has fresh organic, free range eggs for sale. They are \$2.00 a dozen. If you are interested, please contact Kay at 615 390-8078.



## ADDRESS UPDATES

**Mary King**  
10300 4th Street N.  
Room 434  
St. Petersburg, FL 33716

**Carla Kirby**  
5417 Bradfield Dr.  
Nashville, TN 37220

### FEBRUARY

Jeffrey Lassiter	2/6
Linda Carter	2/8
Betty Southall	2/10
Lee Tomlin	2/13
Spencer Dodd	2/21
Sara Miller	2/24
Polly Maxfield	2/27

### MARCH

Jace Seiner	3/9
Mary Lee Mackie	3/22
Peggy Jones	3/23
Mary Murphy	3/23
Linda Dunbar	3/27
Allison Marshall	3/28
Liz Shadbolt	3/29

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## MUSIC CENTER FOR THE PRESCHOOL

**We need your old pots, pans, and spoons!**

You can be a part of helping to build a new outdoor music center for the preschool children.

Please bring your old pots, pans, lids, wooden or metal spoons to the church. Rob Dodd will use them to build a music center in the children's playground.

Help our preschool children learn to express themselves through various sounds and rhythms.

# THANK YOU NOTES

## From Our Nashville District Superintendent

Thank you for paying 100% of your apportionments! I fully understand that it can be difficult to send money away instead of using it for local church expenses. By combining our resources, we are able to do far more than we would ever be able to do alone!

Apportionment giving extends our reach beyond the conference in a variety of powerful ways:

- Your congregations apportionments help pay the cost for our United Methodist colleges and universities, with the hope that our students will become better educated and perhaps become faithful pastors and leaders within our churches.
- After Katrina hit the Gulf Coast, the Federal Emergency Management Agency selected the United Methodist Committee on Relief to lead the \$66 million recovery initiative because the United Methodist church was the only denomination with the structure and resources to take on the task.
- Your apportionments help to afford care and support for children with AIDS, and to speak out against violence in the Middle East that is creating a new generation of orphans. Your apportionments are paying for teachers, pastors, and missionaries around the world-in Russia, Korea, and Africa to name a few. The United Methodist Church is the only Protestant denomination allowed to maintain a permanent presence in Russia. Africa and Korea are the fastest growing Christian communities in the world and the United Methodist Church has an active and visible presence in both locations.

Thank you again for your faithfulness. May God continue to bless you and to work through you to bless others.

Gratefully,  
Harriett Bryan

## From Sixty-First Avenue United Methodist Church ~ Last Minute Toy Store ~

I want to thank each one of you for being part of the Last Minute Toy Store this past Christmas, giving of yourselves and your resources. **Together, we ended up serving 4,973 children from 1,590 households. Over 15,000 toys/gifts were distributed to go along with the books, stocking stuffers, fruit and candy canes given to each child. Because of our generosity, the parents, grandparents or guardians of these children were able to provide gifts for them Christmas morning. Your giving has made their giving possible! I thank God for your caring hearts!**

**A challenge to all of us is to commit to do what we can to help hurting children and their families throughout the entire year in addition to what we do at Christmas Time!! “The light shines in the darkness, and the darkness did not overcome it.” (John 1:5)**

Blessings,  
Pastor Paul Slentz

## From Miriam's Promise

Thank you for your support and prayers this year for Miram's Promise and the precious ones we serve. We are honored you chose to support us through apportionment giving or special offerings.

Miriam's Promise exists to “**ensure the well-being of the child by nurturing individuals and families**”. Since 1985, Miriam's Promise has offered hope and healing to thousands of Middle Tennessee expectant parents, children and adoptive families coping with issues of grief, loss and transition. Miriam's Promise is dedicated to healing and emotional well-being by providing pregnancy counseling, mentoring, child and family counseling along with domestic and international adoption services. In addition to counseling and adoptive services, we also provide two jail ministries to pregnant inmates and moms. Your gift makes a huge difference. Thank you again for being present with us in this vital work.

Sincerely,  
Deborah H. Robinson, Executive Director &  
J. Dietz Osborne, Associate Executive Director